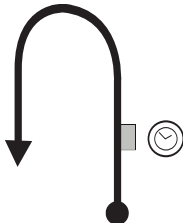
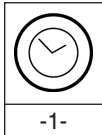

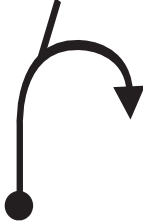

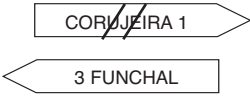

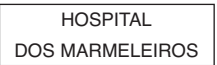








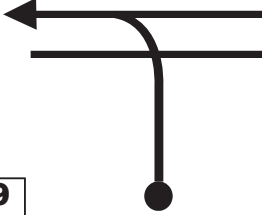



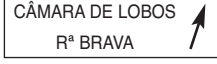


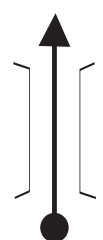
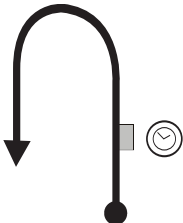

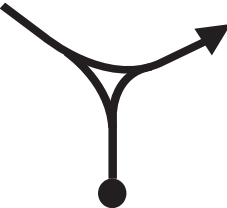

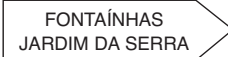
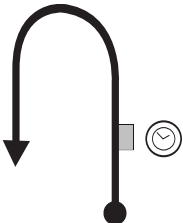

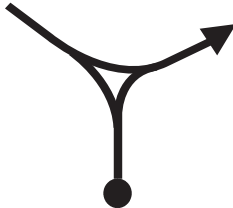


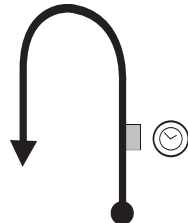
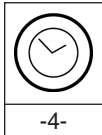
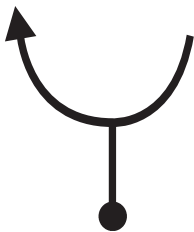
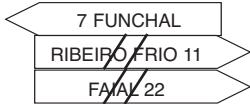


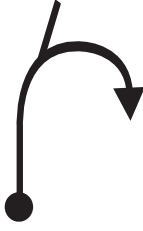

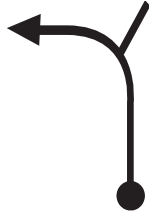
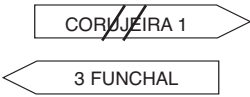
TC/CH 1 - TERREIRO DA LUTA		DISTANCE/DISTÂNCIA		LEG/ETAPA	1	Pag/Pág
TC/CH 2 - CÂMARA DE LOBOS		16.77 Km		SECTION/SECÇÃO	1	1
Road Book Alternativo				AVERAGE/MÉDIA	25.16 Km/h	TIME ALLOWED/TEMPO
Distance/Distância		Direction/Direcção		Information/Informação		Dist. to go Dist. Regr.
Total	Parcial					
0.00	0.00	1		E.R. 201		16.77
1.46	1.46	2		E.R. 103	!! MONTE VERDE	15.31
1.86	0.40	3		E.R. 103	!! MONTE	14.91
2.81	0.95	4		E.R. 103		13.96
3.11	0.30	5		ESTRADA DOS MARMELEIROS		13.66

TC/CH 1 - TERREIRO DA LUTA		DISTANCE/DISTÂNCIA		LEG/ETAPA	1	Pag/Pág
TC/CH 2 - CÂMARA DE LOBOS		16.77 Km		SECTION/SECÇÃO	1	2
Road Book Alternativo			AVERAGE/MÉDIA		TIME ALLOWED/TEMPO	40 MIN
Distance/Distância		Direction/Direcção		Information/Informação		Dist. to go Dist. Regr.
Total	Parcial					
3.41	0.30	6		ESTRADA DOS MARMELEIROS  CAMINHO DA PORTADA DE STO. ANTÓNIO	13.36	
4.11	0.70	7		CAMINHO DA PORTADA DE STO. ANTÓNIO  ESTRADA LUSO-BRASILEIRA	12.66	
5.46	1.35	8		ESTRADA LUSO-BRASILEIRA    ACESSO V.R. 1	11.31	
5.51	0.05	9		ACESSO V.R. 1  ACESSO V.R. 1	11.26	
5.76	0.25	10		ACESSO V.R. 1   ACESSO V.R. 1	11.01	

TC/CH 1 - TERREIRO DA LUTA		DISTANCE/DISTÂNCIA		LEG/ETAPA	1	Pag/Pág
TC/CH 2 - CÂMARA DE LOBOS		16.77 Km		SECTION/SECÇÃO	1	3
Road Book Alternativo			AVERAGE/MÉDIA		25.16 Km/h	TIME ALLOWED/TEMPO
						40 MIN
Distance/Distância		Direction/Direcção	Asphalt/Pav.	Information/Informação		Dist. to go Dist. Regr.
Total	Parcial					
6.06	0.30	<div style="border: 1px solid black; padding: 2px; display: inline-block;">11</div> 		<p>ACESSO V.R. 1</p>  <p>V.R. 1</p>	10.71	
13.11	7.05	<div style="border: 1px solid black; padding: 2px; display: inline-block;">12</div> 		<p>V.R. 1</p> <div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 0 auto;"> <p>PONTE DOS SOCORRIDOS</p> </div>	3.66	
		<p>CONTINUA</p> <p>CH 1 >> CH 2</p> <p>PÁGINA 11 DESENHO 13</p>				










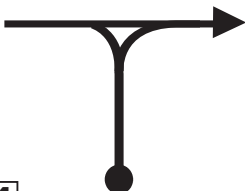









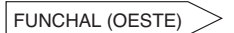

TC/CH 2 - CÂMARA DE LOBOS		DISTANCE/DISTÂNCIA		LEG/ETAPA	1	Pag/Pág
TC/CH 2A - REAGRUPAMENTO		3.15 Km		SECTION/SECÇÃO	1	1
Road Book Alternativo		AVERAGE/MÉDIA		TIME ALLOWED/TEMPO		25 MIN
Distance/Distância		Direction/Direcção		Asphalt/Pav.	Information/Informação	
Total	Parcial				Dist. to go Dist. Regr.	
0.00	0.00	1			ESTRADA RIBEIRA GARCIA  -2-	3.15
0.75	0.75	2			ESTRADA RIBEIRA GARCIA E.R. 239 E.R. 239	2.40
1.40	0.65	3			 FONTAÍNHAS JARDIM DA SERRA	1.75
			CONTINUA CH 2 >> CH 2A PÁGINA 14 DESENHO 8			



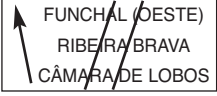
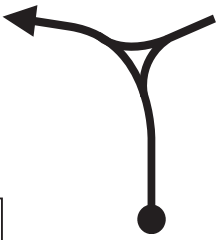






TC/CH 3 - CÂMARA DE LOBOS		DISTANCE/DISTÂNCIA		LEG/ETAPA	1	Pag/Pág
TC/CH 3A - PARQUE DE ASSISTÊNCIAS		17.50 Km		SECTION/SECÇÃO	1	1
Road Book Alternativo			AVERAGE/MÉDIA		TIME ALLOWED/TEMPO	35 MIN
Distance/Distância		Direction/Direcção	Apptid	Pong	Information/Informação	Dist. to go Dist. Regr.
Total	Parcial					
0.00	0.00				ESTRADA RIBEIRA GARCIA  -3-	17.50
0.75	0.75				ESTRADA RIBEIRA GARCIA E.R. 239	16.75
		CONTINUA CH 3 >> CH 3A PÁGINA 20 DESENHO 9				

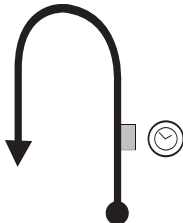
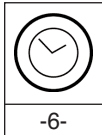
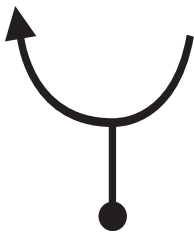
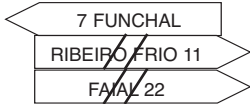




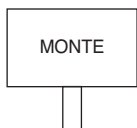


TC/CH 4 - TERREIRO DA LUTA		DISTANCE/DISTÂNCIA		LEG/ETAPA	1	Pag/Pág
TC/CH 5 - ÁGUAS MANSAS		22.00 Km		SECTION/SECÇÃO	2	1
Road Book Alternativo		AVERAGE/MÉDIA		TIME ALLOWED/TEMPO		30 MIN
Distance/Distância		Direction/Direcção		Information/Informação		Dist. to go Dist. Regr.
Total	Parcial					
0.00	0.00	1		E.R. 201 	22.00	
0.10	0.10	2		E.R. 201 	21.90	
2.30	2.20	3		E.R. 103 E.R. 103  MONTE VERDE	19.70	
2.70	0.40	4		E.R. 103  MONTE	19.30	
3.65	0.95	5		E.R. 103  ESTRADA DOS MARMELEIROS	18.35	

TC/CH 4 - TERREIRO DA LUTA		DISTANCE/DISTÂNCIA		LEG/ETAPA	1	Pag/Pág
TC/CH 5 - ÁGUAS MANSAS		22.00 Km		SECTION/SECÇÃO	2	2
Road Book Alternativo			AVERAGE/MÉDIA		TIME ALLOWED/TEMPO	30 MIN
Distance/Distância		Direction/Direcção		Information/Informação		Dist. to go Dist. Regr.
Total	Parcial					
3.95	0.30			ESTRADA DOS MARMELEIROS <div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 0 auto;"> HOSPITAL DOS MARMELEIROS </div>		18.05
		6				
4.25	0.30			ESTRADA DOS MARMELEIROS <div style="font-size: 2em; font-weight: bold; text-align: center;">!!</div>		17.75
		7				
4.95	0.70			CAMINHO DA PORTADA DE STO. ANTÓNIO CAMINHO DA PORTADA DE STO. ANTÓNIO <div style="font-size: 2em; font-weight: bold; text-align: center;">!!</div>		17.05
		8				
6.30	1.35			<div style="font-size: 2em; font-weight: bold; text-align: center;">!!</div> <div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 0 auto; display: inline-block;"> AEROPORTO </div> <div style="text-align: right; margin-top: 20px;"> </div>		15.70
		9				
6.35	0.05			ACESSO V.R. 1 ACESSO V.R. 1 <div style="font-size: 2em; font-weight: bold; text-align: center;">!!</div>		15.65
		10				

TC/CH 4 - TERREIRO DA LUTA	DISTANCE/DISTÂNCIA	LEG/ETAPA	1	Pag/Pág
TC/CH 5 - ÁGUAS MANSAS	22.00 Km	SECTION/SECÇÃO	2	3
Road Book Alternativo	AVERAGE/MÉDIA	TIME ALLOWED/TEMPO	30 MIN	
	44.00 Km/h			

Distance/Distância		Direction/Direcção	Asphalt/Pav.	Information/Informação	Dist. to go Dist. Regr.
Total	Parcial				
6.60	0.25	 11		ACESSO V.R. 1  	15.40
6.65	0.05	 12		ACESSO V.R. 1 	15.35
8.70	2.05	 13		V.R. 1 V.R. 1   	13.30
8.85	0.15	 14		SAÍDA V.R. 1 SAÍDA V.R. 1       ESTRADA DA BOA NOVA	13.15
8.95	0.10	 15		ESTRADA DA BOA NOVA    	13.05

TC/CH 4 - TERREIRO DA LUTA		DISTANCE/DISTÂNCIA		LEG/ETAPA	1	Pag/Pág
TC/CH 5 - ÁGUAS MANSAS		22.00 Km		SECTION/SECÇÃO	2	4
Road Book Alternativo			AVERAGE/MÉDIA		TIME ALLOWED/TEMPO	30 MIN
Distance/Distância		Direction/Direcção		Information/Informação		Dist. to go Dist. Regr.
Total	Parcial					
9.05	0.10			ESTRADA DA BOA NOVA  		12.95
11.10	2.05			ESTRADA DA BOA NOVA   E.R. 102 E.R. 102		10.90
12.05	0.95			  		9.95
		CONTINUA CH 4 >> CH 5 PÁGINA 28 DESENHO 10				








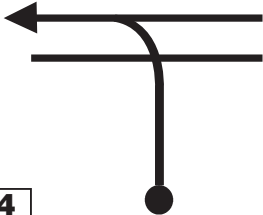

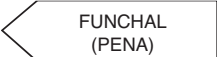



TC/CH 6 - TERREIRO DA LUTA		DISTANCE/DISTÂNCIA		LEG/ETAPA	1	Pag/Pág
TC/CH 7 - ÁGUAS MANSAS		22.00 Km		SECTION/SECÇÃO	2	1
Road Book Alternativo		AVERAGE/MÉDIA		TIME ALLOWED/TEMPO		30 MIN
Distance/Distância		Direction/Direcção		Information/Informação		Dist. to go Dist. Regr.
Total	Parcial					
0.00	0.00	1		E.R. 201 		22.00
0.10	0.10	2		E.R. 201 		21.90
2.30	2.20	3		E.R. 103 E.R. 103 	MONTE VERDE	19.70
2.70	0.40	4		E.R. 103 	MONTE 	19.30
3.65	0.95	5		E.R. 103 	ESTRADA DOS MARMELEIROS	18.35


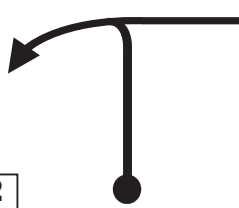
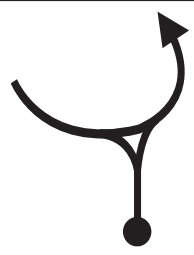

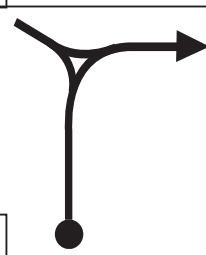
TC/CH 6 - TERREIRO DA LUTA		DISTANCE/DISTÂNCIA		LEG/ETAPA		Pag/Pág	
TC/CH 7 - ÁGUAS MANSAS		22.00 Km		SECTION/SECÇÃO		2	
Road Book Alternativo				AVERAGE/MÉDIA		TIME ALLOWED/TEMPO	
				44.00 Km/h		30 MIN	
Distance/Distância		Direction/Direcção		Information/Informação		Dist. to go Dist. Regr.	
Total	Parcial						
3.95	0.30			ESTRADA DOS MARMELEIROS <div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 0 auto;"> HOSPITAL DOS MARMELEIROS </div>		18.05	
4.25	0.30			ESTRADA DOS MARMELEIROS <div style="text-align: center; font-size: 2em; font-weight: bold;">!!</div>		17.75	
4.95	0.70			CAMINHO DA PORTADA DE STO. ANTÓNIO CAMINHO DA PORTADA DE STO. ANTÓNIO <div style="text-align: center; font-size: 2em; font-weight: bold;">!!</div>		17.05	
6.30	1.35			ESTRADA LUSO-BRASILEIRA ESTRADA LUSO-BRASILEIRA <div style="display: flex; align-items: center;"> <div style="text-align: center; font-size: 2em; font-weight: bold;">!!</div> <div style="margin-left: 20px;"> <div style="border: 1px solid black; padding: 2px 10px; display: inline-block;">AEROPORTO</div> </div> </div> <div style="text-align: right; margin-top: 10px;"> <div style="border: 2px solid black; padding: 5px; display: inline-block; font-weight: bold; font-size: 1.5em;">STOP</div> </div>		15.70	
6.35	0.05			ACESSO V.R. 1 ACESSO V.R. 1 <div style="text-align: center; font-size: 2em; font-weight: bold;">!!</div>		15.65	

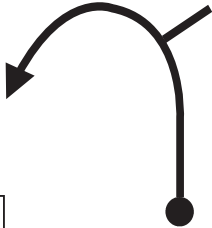





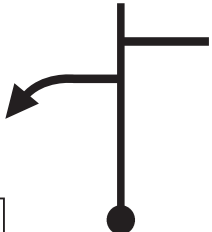

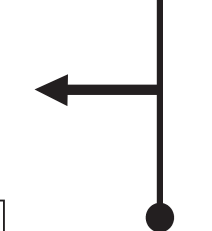

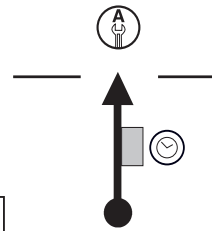

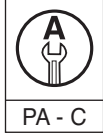

TC/CH 6 - TERREIRO DA LUTA		DISTANCE/DISTÂNCIA		LEG/ETAPA	1	Pag/Pág
TC/CH 7 - ÁGUAS MANSAS		22.00 Km		SECTION/SECÇÃO	2	3
Road Book Alternativo			AVERAGE/MÉDIA		TIME ALLOWED/TEMPO	30 MIN
Distance/Distância		Direction/Direcção		Asphalt / Paved	Information/Informação	
Total	Parcial				Dist. to go Dist. Regr.	
6.60	0.25	11			<p>ACESSO V.R. 1</p> <div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> SANTA CRUZ AEROPORTO </div> <div style="border: 1px solid black; padding: 5px;"> CÂMARA DE LOBOS Rª BRAVA </div>	15.40
6.65	0.05	12			<p>ACESSO V.R. 1</p> <p style="font-size: 2em; text-align: center;">!!</p>	15.35
8.70	2.05	13			<p>V.R. 1</p> <p>V.R. 1</p> <div style="border: 1px solid black; padding: 5px; margin-bottom: 5px; text-align: center;"> FUNCHAL (BOA NOVA) </div> <div style="border: 1px solid black; padding: 5px; margin-bottom: 5px; text-align: center;"> P. FERREIRO PALHEIRO GOLF </div> <div style="border: 1px solid black; padding: 5px; text-align: center;"> J. BOTÂNICO </div>	13.30
8.85	0.15	14			<p>SAÍDA V.R. 1</p> <p>SAÍDA V.R. 1</p> <div style="border: 1px solid black; padding: 5px; margin-bottom: 5px; text-align: center;"> J. BOTÂNICO </div> <div style="border: 1px solid black; padding: 5px; margin-bottom: 5px; text-align: center;"> FUNCHAL </div> <div style="border: 1px solid black; padding: 5px; margin-bottom: 5px; text-align: center;"> S. GONÇALO </div> <div style="border: 1px solid black; padding: 5px; margin-bottom: 5px; text-align: center;"> PALHEIRO FERREIRO </div> <div style="border: 1px solid black; padding: 5px; margin-bottom: 5px; text-align: center;"> IPO </div> <div style="border: 1px solid black; padding: 5px; text-align: center;"> TELEFÉRICO </div> <p>ESTRADA DA BOA NOVA</p>	13.15
8.95	0.10	15			<p>ESTRADA DA BOA NOVA</p> <div style="border: 1px solid black; padding: 5px; margin-bottom: 5px; text-align: center;"> Rª. BRAVA CÂMARA DE LOBOS </div> <div style="border: 1px solid black; padding: 5px; margin-bottom: 5px; text-align: center;"> CAMACHA PORTELA </div> <div style="border: 1px solid black; padding: 5px; margin-bottom: 5px; text-align: center;"> FUNCHAL (OESTE) </div> <div style="border: 1px solid black; padding: 5px; text-align: center;"> PALHEIRO GOLF </div>	13.05

TC/CH 6 - TERREIRO DA LUTA		DISTANCE/DISTÂNCIA		LEG/ETAPA	1	Pag/Pág
TC/CH 7 - ÁGUAS MANSAS		22.00 Km		SECTION/SECÇÃO	2	4
Road Book Alternativo			AVERAGE/MÉDIA		TIME ALLOWED/TEMPO	30 MIN
Distance/Distância		Direction/Direcção		Information/Informação		Dist. to go Dist. Regr.
Total	Parcial					
9.05	0.10			ESTRADA DA BOA NOVA 		12.95
11.10	2.05			ESTRADA DA BOA NOVA 		10.90
12.05	0.95			E.R. 102 E.R. 102 		9.95
		CONTINUA CH 6 >> CH 7 PÁGINA 36 DESENHO 10				

TC/CH 7 - ÁGUAS MANSAS		DISTANCE/DISTÂNCIA		LEG/ETAPA		Pag/Pág	
TC/CH 7A - PARQUE DE ASSISTÊNCIAS		24.45 Km		SECTION/SECÇÃO		1	
Road Book Alternativo		AVERAGE/MÉDIA		TIME ALLOWED/TEMPO		1	
		48.90 Km/h				30 MIN	
Distance/Distância		Direction/Direcção		Information/Informação		Dist. to go Dist. Regr.	
Total	Parcial						
0.00	0.00	1		E.R. 102 	24.45		
0.15	0.15	2		E.R. 102 	24.30		
2.95	2.80	3	IGREJA DE GAULA 	E.R. 206 	21.50		
7.15	4.20	4		E.R. 206 	17.30		
8.20	1.05	5		ESTRADA PADRE ALFREDO VIEIRA DE FREITAS 	16.25		

TC/CH 7 - ÁGUAS MANSAS		DISTANCE/DISTÂNCIA		LEG/ETAPA	1	Pag/Pág
TC/CH 7A - PARQUE DE ASSISTÊNCIAS		24.45 Km		SECTION/SECÇÃO	2	2
Road Book Alternativo			AVERAGE/MÉDIA		TIME ALLOWED/TEMPO	30 MIN
Distance/Distância		Direction/Direcção		Information/Informação		Dist. to go Dist. Regr.
Total	Parcial					
8.28	0.08			ESTRADA PADRE ALFREDO VIEIRA DE FREITAS  V.R. 1		16.17
		1				
8.35	0.07			V.R. 1 		16.10
		2				
19.70	11.35			V.R. 1  		4.75
		3				
19.95	0.25			SAÍDA 12 - V.R. 1   		4.50
		4				
20.08	0.13			SAÍDA 12 - V.R. 1 		4.37
		5			ESTRADA LUSO BRASILEIRA	

TC/CH 7 - ÁGUAS MANSAS		DISTANCE/DISTÂNCIA		LEG/ETAPA	1	Pag/Pág
TC/CH 7A - PARQUE DE ASSISTÊNCIAS		24.45 Km		SECTION/SECÇÃO	2	3
Road Book Alternativo			AVERAGE/MÉDIA		TIME ALLOWED/TEMPO	30 MIN
Distance/Distância		Direction/Direcção		Information/Informação		Dist. to go Dist. Regr.
Total	Parcial					
20.10	0.02	1		ESTRADA LUSO BRASILEIRA ESTALAGEM QUINTA DO MONTE		4.35
21.48	1.38	2		ESTRADA LUSO BRASILEIRA ESTALAGEM QUINTA DO MONTE HOSPITAL TERREIRO DA LUTA MONTE		2.97
22.20	0.72	3		CAMINHO DA PORTADA DE S. ANTÓNIO CAMINHO DA PORTADA DE S. ANTÓNIO !!		2.25
22.50	0.30	4		ESTRADA DOS MARMELEIROS ESTRADA DOS MARMELEIROS HOSPITAL DOS MARMELEIROS		1.95
22.85	0.35	5		ESTRADA DOS MARMELEIROS MONTE 1 1 CORRUJEIRA		1.60

TC/CH 7 - ÁGUAS MANSAS		DISTANCE/DISTÂNCIA		LEG/ETAPA	1	Pag/Pág
TC/CH 7A - PARQUE DE ASSISTÊNCIAS		24.45 Km		SECTION/SECÇÃO	2	4
Road Book Alternativo			AVERAGE/MÉDIA	TIME ALLOWED/TEMPO		
			48.90 Km/h			30 MIN
Distance/Distância		Direction/Direcção	Alpha	Information/Informação		Dist. to go Dist. Regr.
Total	Parcial					
23.80	0.95			E.R. 103     		0.65
24.15	0.35			E.R. 103 		0.30
24.40	0.25			ESTRADA DA CORUJEIRA DE CIMA ESTRADA DA CORUJEIRA DE CIMA 		0.05
24.45	0.05			POLIDESPORTIVO DO MONTE PARQUE DE ASSISTÊNCIAS (ENTRADA)  		0.00
 PARQUE DE ESTACIONAMENTO DO POLIDESPORTIVO DO MONTE PARQUE DE ASSISTÊNCIAS C TIPO II (10 MIN) 